

Welcome to the Kidney Care Clinic

PATIENT INFORMATION LABEL

Name:

Address:

Phone:

Date of Birth (MM/DD/YYYY):

PHN:

Dear kidney care clinic patient,

You have been referred to our kidney care clinic. We help people living with decreased kidney function. Our goal is to help you maintain the health of your kidneys as long as possible.

If you do not speak or understand English, please bring an English-speaking family member or friend to your appointments. We will provide an interpreter whenever possible.

Your first visit is expected to take 1 - 2 hours, but can sometimes take up to 3 hours.

During your visits, you will be introduced to doctors and other health professionals who will support you through your kidney journey. This may include a nurse, dietitian, social worker, clerk and, in some clinics, a pharmacist. They will provide information on several topics. This could include lifestyle suggestions (diet, exercise) and medications. They will also prepare you for changes in your kidney function if necessary.

A handout with more information on [BC's kidney care clinics](#) is included in this package.

Please bring with you:

1. Your medications or a list of medications you take. This includes non-prescription products (vitamins, supplements, herbal and traditional medicines).
2. Your BC Services Card (so we know you are the correct person).
3. ["Kidney Care and You"](#) form (included in this package). **Please fill out before your appointment.**
4. List of questions and concerns you wish to discuss.

If you have a hearing aid, please wear it to the appointment.

We suggest bringing a family member or friend to your first appointment. They can provide support as you navigate this process.

Your appointment

Date: _____ Time: _____ Type (check one): In-person Phone Video

If you need to cancel your appointment, please call the clinic as soon as possible. We are happy to reschedule. Please also inform us if your contact information changes.

Before your first appointment, please do the following:

1. Review the handout on [Chronic Kidney Disease](#) (included in this package).
2. Look into resources provided by The Kidney Foundation of Canada, BC & Yukon Branch ([kidney.ca](#)). They have many resources, as well as a Kidney Wellness Hub ([kidneywellnesshub.ca](#)). They can connect you with a trained peer mentor. These volunteers understand what it's like to live with kidney disease and are willing to share their own experiences. Call 1.866.390.7337 or complete the "[Kidney Care and You](#)" form (included in this package) and email bcyprograms@kidney.ca to learn more.

To learn more about what to expect, please go to BC Renal's website at [BCRenal.ca](#) ► [Health Info](#) ► [Kidney Care \(Non-Dialysis\)](#) ► [New to Kidney Care Clinic](#).

Clinic information

We look forward to working with you!

Your Kidney Care Clinic Team